

What the Best College Students Do with Dr. Ken Bain

Combining academic research on learning and motivation with insights drawn from interviews with people who have won Nobel Prizes, Emmys, fame, or the admiration of people in their field, Dr. Ken Bain identifies the key attitudes that distinguishes the best college students from their peers. These individuals started out with the belief that intelligence and ability are expandable, not fixed. This led them to make connections across disciplines, to develop a “meta-cognitive” understanding of their own ways of thinking, and to find ways to negotiate ill-structured problems rather than simply looking for right answers. Intrinsically motivated by their own sense of purpose, they were not demoralized by failure nor overly impressed with conventional notions of success. These movers and shakers didn’t achieve success by making success their goal. For them, it was a byproduct of following their intellectual curiosity, solving useful problems, and taking risks in order to learn and grow.

Featuring the following modules:

Module #1

Traveling the country to research what the best college students do, Dr. Ken Bain identifies the key attitudes distinguishing the best college students from their peers. In this module, Dr. Bain discusses the following:

- The Best Students
- Differences for Today’s Students
- Student Challenges

Module #2

“If you’ve never failed, you’ve never tried anything new” - Albert Einstein.

In this module, Dr. Ken Bain explores key elements for what the best college students do, including:

- Common Traits
- Embracing Failure
- Deep vs. Strategic Learners

Module #3

“This is a study of creative people and how they got to be that way” - Dr. Ken Bain.

In this module, Dr. Ken Bain addresses:

- Making Every Student Great
- What the Best College Students Do
- Final Thoughts



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